

Appendix II

PERFORMANCE MANAGEMENT REPORT, FROM 1ST AUGUST TO 30TH SEPTEMBER 2025 **SPORTS DEVELOPMENT UPDATE**

Community Development

The sports development team supported 82 clubs during this period including Rainworth Judo Club, Newark Tennis Club, Adventure Activities for All Abilities (Newark 4As) and Grove Squash Club. Newark Swimming Club's, Club Links programme at Dukeries Leisure Centre had a positive start initially engaging 5 swimmers. The sessions have to date received positive feedback and are continuing to grow with an additional 2 lanes of pool space being required.

The team met with the School Games Organiser to develop links between district-based school students and local sports club opportunities. This meeting also supported a closer link between Joseph Whittaker School PE team and Rainworth Judo Club, which has resulted in new judo mats being ordered to accommodate the clubs growth.

Officers collaborated with Southwell Squash Club to introduce Minster School students to squash and in July, the club engaged 20 students in fun squash activities at Southwell Leisure Centre during Minster School Sports Day. Sessions were led by Southwell Squash Club, a local professional player and Nottinghamshire Squash.

The Sports Development Apprentice supported Collingham Tennis Club coaches in the delivery of accessible tennis sessions for students at Hope House School. This was a fantastic opportunity for the apprentice to experience inclusive tennis delivery in a sports club setting.

A new committee at Robin Hood Colts FC has proactively applied for funding from the Edwinstowe Section 106 allocation. This funding will improve areas of land next to the clubhouse and has enabled a shelter to be built over their café serving window.

The team has supported Blidworth Bengals FC to apply for funding to refurbish facilities at Bilsthorpe Miners Welfare Sports Ground after they secured the facility for their new 'home ground'. The club have to date secured support and sponsorship from Strawsons, Grant Aid and from funding managed by NSDC.

Following the movement of staff at CISWO, new links have been made to further support clubs located on the ground at Blidworth Miners Welfare and Bilsthorpe Miners Welfare Sports Ground. Positive discussions were held between CISWO, A4T and NSDC Communities Officers and support was forthcoming from the organisation for all sports clubs based at Welfare and CISWO sites in the district.

Active4Today offered assistance to Dukeries Academy to facilitate the reopening of their sports facilities in September, after being informed that winter training had been suspended for a second consecutive year. The closure impacted several local clubs, including Ollerton Town FC, Robin Hood Colts, Walesby Juniors and the Rugby Club. Interim arrangements allowed junior teams to utilise indoor facilities at Dukeries Leisure Centre. The academy site is scheduled to reopen in October, enabling both junior and adult winter training sessions to resume for local clubs.

Newark and Sherwood Sports Council welcomed 16 clubs at their social networking and AGM events in September, with partner support offered to clubs from NSDC Communities and the Active Notts (Sport England) Welfare Officer. During the AGM clubs voted to amend committee roles and add a new development and project roles which will continue to drive the sports council forward.

There were 46 sports grants awarded during this period to sports including Disability Kayaking, Karate, Swimming, Cycling and Boxing. There were 7 out of 8 Coach and Official Development awards for junior coaches showing the continued growth of junior sports participation across the district. The Talented Individual scheme

awarded 2 returning athletes and 3 new district based athletes who compete in Pentathlon, Run-Archery and Judo.

Talented Individual	Coach and Official Development	Club Development	Community Engagement	Kit Sponsorship
8	18	6	4	10

Online Sports Grant forms are now live and accessible on the Active4Today website. This much needed development will allow for forms to be completed using a mobile phone, tablet, laptop or computer at any time of the day or night!

Active4Today were pleased to support NSDC's Community and Sport Awards as a Gold Sponsor for the 'Creating Change for Sport and Physical Activity' award. The recipient of the award was Christine Stanley, who clearly demonstrated her resilience and role in supporting people across the district to participate in Nordic Walking. The evening was a great success with recognition for several individuals and groups who are truly dedicated to their community and to athletes from sports including ladies rugby and athletics.

The team were please to present 13 Young Peoples Bursary applications to the September panel from partners including TuVida, Nottinghamshire County Council Family Support and Safeguarding team and 4 district based secondary schools. This bursary supports Newark and Sherwood based young people who are struggling with support for their mental health. 12 of the applications awarded and will begin their membership during October.

The DWP Bursary, which support those aged 18-67 years who are currently economically inactive, received 10 applications supported by work coaches from the Newark and Mansfield Job Centres, National Probation Service and Emmaus Trust. There were 7 applications approved and will begin their memberships during October.

Active and healthy lifestyles

During this period, 6 new exercise referral partners were recruited to Active4Today's GP Exercise Referral Scheme. There were 209 exercise referral applications received, with 111 individuals taking up the referral membership across all leisure centre sites. In addition, 8 care leaver referral applications were received, with 4 individuals taking up the free membership offer.

Active4Today attended the Newark Business Club meeting in August, providing corporate membership information and free, three-day passes to attendees, which engaged 5 new companies. During August and September, 67 new corporate memberships were achieved with 1 new corporate partner joining the corporate membership scheme.

Following engagement with cardiac rehabilitation sessions at Newark Hospital and a rise in referrals among working-age adults, Active4Today launched a new cardiac rehab class at Southwell Leisure Centre. This initiative aligns with early-stage discussions with Newark Primary Care Network and the Mid Notts Place team around heart health in Southwell. To support wider delivery of cardiac and stroke Rehab, the Active Lifestyles Officer joined the Nottinghamshire Deliverers Network, collaborating with BACPR Trainers and the Stroke Association to explore staff training opportunities.

During this period the Active Lifestyles officer engaged 182 individuals at community and corporate events, as outlined below.

Group/ Organisation	Delivery offered	Engaged
Best Years Hubs – Farndon, Collingham, Southwell, Hawtonville	A4T programme information was shared with residents aged 65+ years. A short, seated exercise session was delivered so attendees could experience the quality of session on offer at the leisure centre and enjoy social physical activity in the Hub setting.	82
Currys GXO	Fitness Challenge and corporate no-joining fee, membership offer	65
Wellbeing Walk, Bilsthorpe	A community-led initiative to raise funds for cancer care	10
Women's Health, Edwinstowe	Health and wellbeing information, Active Ollerton Campaign and local physical activity opportunities including the women's only swim at Dukeries Leisure Centre.	13
Boughton Hub	Blood pressure checks provided alongside health and wellbeing information and signposting to GPs and external partner services	38 (+2 referrals)

Active4Today joined the 'Know Your Numbers' campaign in September providing 102 blood pressure and wellbeing checks to corporate and community partners as outlined below.

Curry's GXO	Collingham Medical Centre	Pathfinders
78	9	15

Inclusion

The team is pleased to share that funding has been secured from the Nottinghamshire Police and Crime Commissioner towards a 3 year project following the successful delivery of the 'Footy Fun' programme at Hawtonville Young People's Centre. The total amount received is £67,000 over 3 years with an activity programme which will continue to work together with the Youth Service, ASB Officers and Community relations team to offer activities to reduce levels of anti social behaviour in key communities. This will begin in 2026.

Active4Today delivered a successful holiday programme during August at NSFC, SLC and DLC. Activities included swimming, sports camps, kayaks and floats, badminton, squash and pickleball. Additional value to the children's sports camp was provided Newark Castle Archers who engaged 30 children with 'have a go' archery and by CAMHS, Mental Health Support Team who provided engaging mental health information and support for participants and parents. There were 3 VISPA volunteers that supported the sports camp sessions at NSFC.

Holiday period	Number of visits						
	Free sessions		Sports Camps	Family Sports	Total wet side	Total dry side	Total visits
	Wet	Dry					
Summer	161	18	218	33	1,444	269	1,882

During this period, 9 VISPA applications were received with 7 being inducted onto the scheme. These volunteers will be shadowing and supporting swimming lessons at DLC and SLC and supporting 'Footy Fun' sessions at Hawtonville Young People's Centre.

The Inclusion and Engagement Officer has developed a VISPA Engagement Plan aimed at increasing the number of applications to the scheme in the second half of the year. Additionally, a VISPA training plan has been established to promote the ongoing development of volunteers' knowledge and skills, with the new Ambition Academy platform providing further opportunities for volunteer learning.

The Sports Development Team attended the Active Notts, 'Making our Move' event during September and celebrated the partnership working taking place across Nottinghamshire. Your CVS was in attendance sharing information on the creation and success of the Best Years Hubs across Newark and Sherwood.

The team also attended the Mid Notts Integrated Neighbourhood working – Community of Practice, which supports partners from Health, NSDC, CVS and Leisure to understand, devise and deliver opportunities that support residents in Hawtonville to lead active healthy lifestyles.

Active4Today staff attended a range of events during August and September engaging 171 individuals, achieving 22 student memberships and an additional 3 blood pressure checks.

During these events a range of games and physical activities were offered to engage young people with the Holiday Activity programme. Engagement in schools was directed towards volunteering and the VISPA scheme. Body MOTs and blood pressure checks were completed to raise awareness of individual health levels, with referrals to external programmes being made as needed. Active4Today's membership offer was shared with residents and students and information regarding the new Air-X inflatable was shared.

Venue	People engaged
NTU Brackenhurst	30
Newark Community Fair	21
Collingham Show	66
Tuxford Academy	20
Ollerton Together	22
Newark Family Hub	12